

**David Siegel, MS • david@chefdavidsiegel.com •
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Experienced chef and culinary instructor with a unique perspective in developing and implementing effective nutrition education programs to help people live healthier, more fulfilling lives.

Education:

2017-2018: Hunter College Dietetic Internship

Head Start (multiple locations in the Bronx): Nutrition counseling and education with parents of preschoolers

Family Cook Productions: Nutrition education program evaluation, curriculum design, culinary nutrition education with high schoolers and seniors, and social media strategy and content development

Coney Island Hospital: Clinical nutrition care in acute care and outpatient settings for patients with a variety of conditions (focus on diabetes, chronic kidney disease, cardiovascular disease); food service management

2013-2017: Master of Science in Nutrition, Brooklyn College, 4.0 GPA

Thesis: Understanding Income Disparities in Infant Feeding Practice: Parent Voices and Practitioner

Experiences

1999-2002: BA, School of Hospitality Administration, Boston University, *Suma cum laude*

Honors and Awards:

Academy of Nutrition and Dietetics CDR Diversity Scholarship 2016-2017

Work Experience:

2016-present: Nutrition Educator, various locations

- Conduct presentations and workshops on various aspects of culinary nutrition
- Designed curriculum and taught new parents about introducing solid foods and preparing healthy meals at home for children ages 6 months and up
- Developed strategy and educational outreach campaign in partnership with five different venues catering to young families
- Design curricula, lesson plans, and recipes in partnership with various culinary nutrition operations

2012-2017: Culinary Instructor - The Brooklyn Kitchen, Brooklyn, NY

- Designed class concepts, recipes, and lesson plans
- Lead hands-on cooking classes and demonstrations for adults and teenagers

2010-present : Personal Chef and Culinary Instructor, NY

- Design and execute menus for private parties and events in homes and offices
- Deliver customized culinary instruction for individuals and small groups

2012-2014: Chef Instructor - Sur La Table, Manhattan, NY

- Designed lesson plans and lead hands-on cooking classes, in accordance with company-wide customer service standards
- Advised students about cooking tools and equipment to help drive retail sales

2011: Founder, Chef - Fats & Flour, Brooklyn, NY

- Created and managed pop-up cookie business, with retail sales at Brooklyn Flea and area coffee shops

2011-2012: Social Media Consultant - New Amsterdam Market, New York, NY

- Helped create, build, and manage social media presence on Facebook and Twitter, with exposure across both platforms increasing by over 1,000 people

2008-2010 : Executive Chef - Belly Timber Restaurant, Portland, OR

- Designed and executed all aspects of weekly changing menu, featuring seasonal ingredients sourced from local farms and producers
- Hired and managed full kitchen staff and all back-of-house operations
- Managed food and labor costs
- Featured multiple times in local and national press

2010: Consultant - Slow Coffee, Tokyo Japan

- Advised owner and staff regarding menu content and kitchen operations

2007-2008: Founder, Chef, Creative Director - East Side Dining Club, Portland, OR

- Established and managed pop-up supper club
- Designed and executed menus with an all-volunteer staff
- Served over 400 guests at ten events
- Featured numerous times in local press, including a feature article in The Oregonian's weekly Dining section

2005-2007: Sous Chef - Nostrana, Portland, OR

2002-2004 : Assistant Kitchen Manager - Naked Fish Restaurants Inc., Boston, MA

Volunteer:

The Alex House Project - Board of Directors

The South Brooklyn Children's Garden - Member and resident beekeeper for 3+ years

Professional Memberships:

- Academy of Nutrition and Dietetics
 - Public Health/Community Nutrition Practice Group
 - Nutrition Entrepreneurs Practice Group
 - Nutrition Education for the Public Practice Group
- Greater New York Dietetic Association
- American Society for Nutrition
- Society for Nutrition Education and Behavior